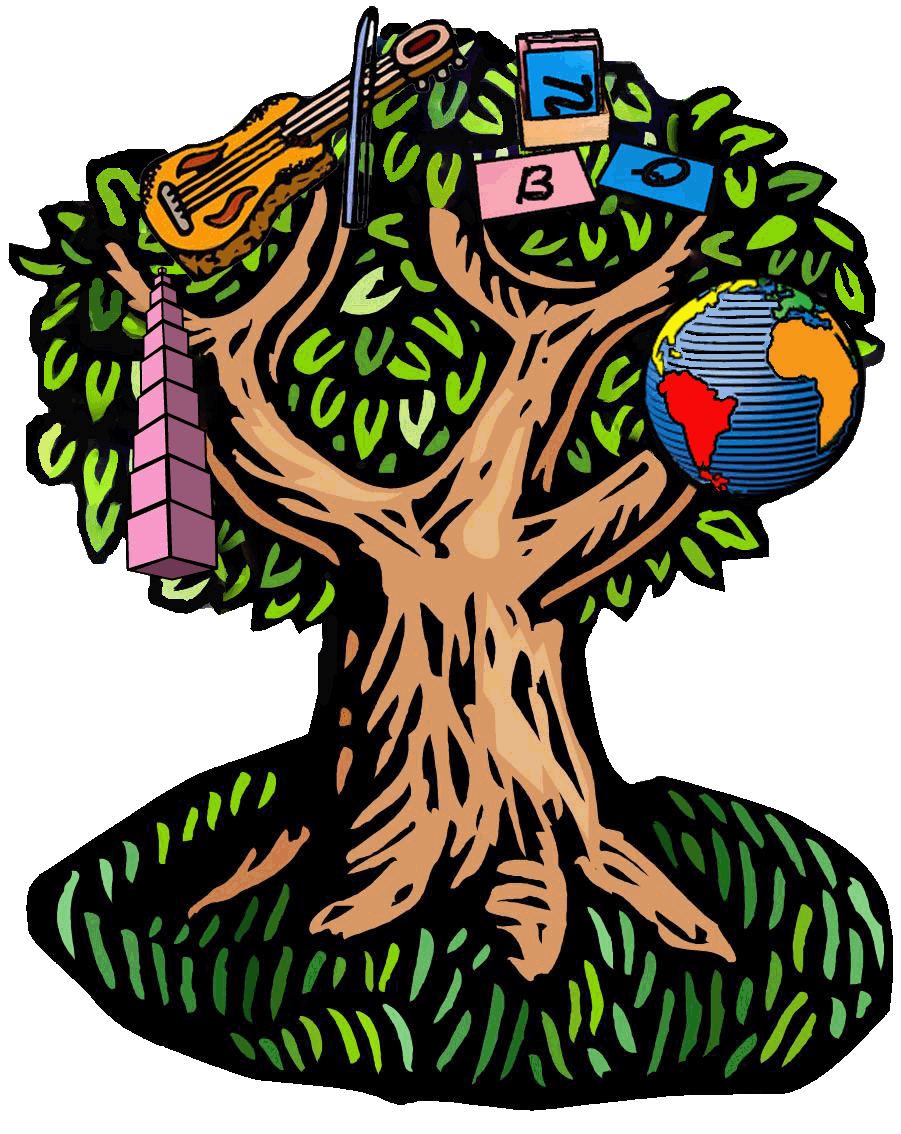
|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| 2  Chili with Beans  Crackers  Green Beans & Potatoes  Peaches  Milk  (+ snacks) | 3  Baked Potatoes  Steamed Broccoli  Apple Slices  Milk  (+ snacks) | 4  Potato, Sausage & Kale Soup  Spinach/Garlic Bread  Peas  Peaches  Milk  (+ snacks) | 5  Chef’s Salad (with turkey, egg, beans & cheese)  Croutons  Cinnamon Apples  Milk  (+ snacks) | 6  Toasted Turkey, Spinach & Cheese Sandwich (on wheat)  Fresh Veggies  Fresh Seasonal Fruit  Milk  (+ snacks) |
| 9  Pasta with Tomato/Veggie Sauce  Spinach/Garlic Bread  Peas  Apple Sauce  Milk  (+ snacks) | 10  Bean Salad  Croutons  Carrot Sticks  Fruit Salad  Milk  (+ snacks) | 11  Purple Bean Soup  Spinach/Garlic Bread  Corn  Pears  Milk  (+ snacks) | 12  Black Bean Tacos (with veggies, quinoa & cheese)  Fresh Veggies  Fresh Melon & Pineapple  Milk  (+ snacks) | 13  Breakfast for Lunch:  Baked Oatmeal with Bananas & Blueberries  Chex Cereal  Orange Slices  Milk  (+ snacks) |
| 16  Roasted Vegetables & Turkey Sausage  Corn  Peaches  Milk  (+ snacks) | 17  Cheesy Pasta with Chicken  Green Beans  Pears  Milk  (+ snacks) | 18  Bean, Rice, Zucchini & Cheese Casserole  Corn & Peas  Fresh Melon  Milk  (+ snacks) | 19  Broccoli, Cheese & Rice Soup  Crackers  Peas  Mandarin Oranges  Milk  (+ snacks) | 20  Spinach Salad with Couscous  Spinach/Garlic Bread  Apple Slices  Milk  (+ snacks) |
| 23  Breakfast for Lunch:  Scrambled Eggs with Spinach & Cheese  Cereal  Fresh Seasonal Fruit  Milk  (+ snacks) | 24  Chickpea, Tomato & Turkey Pepperoni Salad  Spinach/Garlic Bread  Peas  Bananas  Milk  (+ snacks) | 25  Chef’s Choice  Vegetable  Fruit  Milk  (+ am & pm snacks)  *School closes early today* | 26  *School closed for*  *Thanksgiving holiday* | 27  *School closed for*  *Thanksgiving holiday* |
| 30  Chef’s Salad (with turkey, egg, beans & cheese)  Croutons  Pears  Milk  (+ snacks) | Dec 1  Veggie, Turkey & Cream Cheese Rollups  Broccoli & Carrots  Oranges  Milk  (+ snacks) | 2  Mini Chicken Pot Pies  Mashed Potatoes & Cauliflower  Green Beans  Fruit Salad  Milk  (+ snacks) | 3  Pasta Salad (with veggies, turkey pepperoni & Greek yogurt dressing)  Spinach/Garlic Bread  Baked Potato Wedges  Peaches  Milk  (+ snacks) | 4  Deli Plate (lunch meat, cheese & crackers)  Fresh Veggies  Fresh Seasonal Fruit  Milk  (+ snacks) |

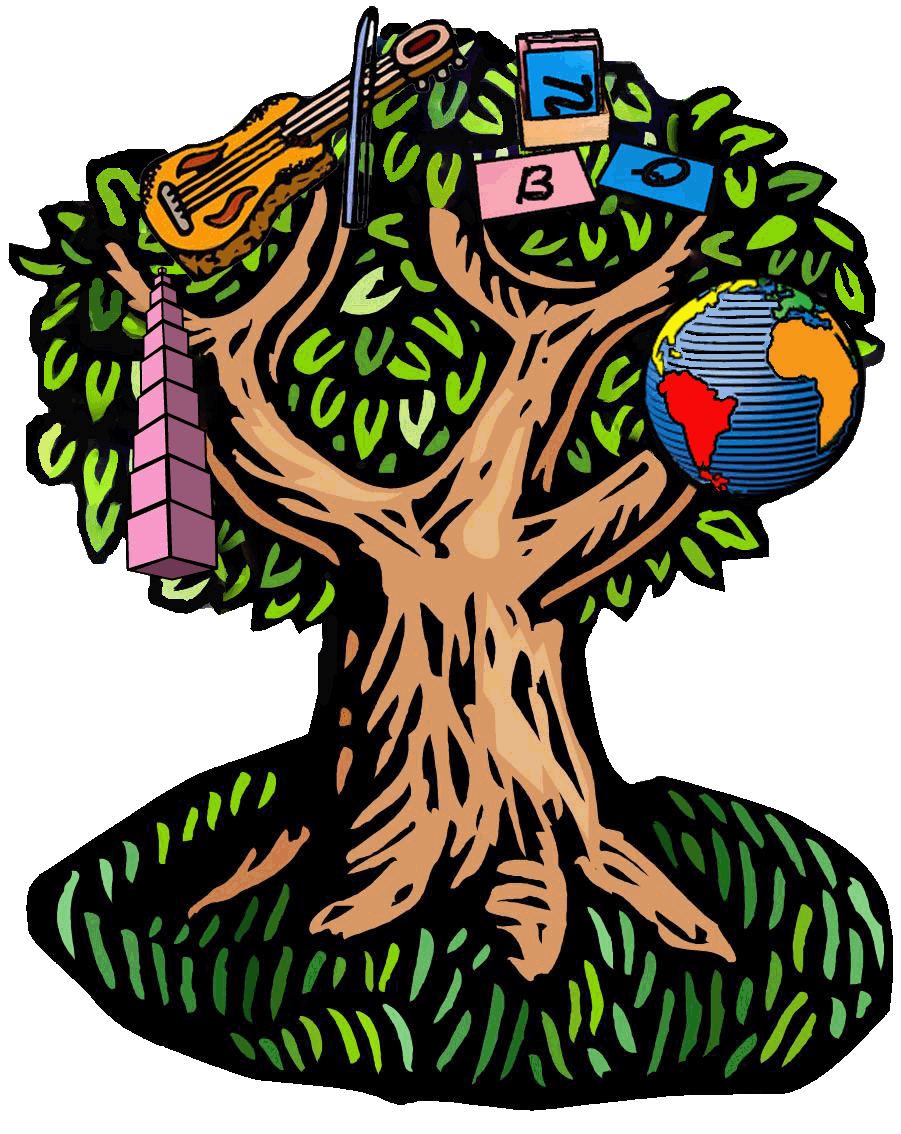


#### Johnson County Montessori Preschool

**November Menu**

November 2015

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
|  | Dec 1  Veggie, Turkey & Cream Cheese Rollups  Broccoli & Carrots  Oranges  Milk  (+ snacks) | 2  Mini Chicken Pot Pies  Mashed Potatoes & Cauliflower  Green Beans  Fruit Salad  Milk  (+ snacks) | 3  Pasta Salad (with veggies, turkey pepperoni & Greek yogurt dressing)  Spinach/Garlic Bread  Baked Potato Wedges  Peaches  Milk  (+ snacks) | 4  Deli Plate (lunch meat, cheese & crackers)  Fresh Veggies  Fresh Seasonal Fruit  Milk  (+ snacks) |
| 7  Chicken & Noodle Casserole with Veggies  Green Beans  Pineapple  Milk  (+ snacks) | 8  Bean, Spinach & Cheese Quesadillas (with wheat tortilla)  Salsa  Carrots & Peppers  Apples & Oranges  Milk  (+ snacks) | 9  Chef’s Salad (with turkey, egg, beans & cheese)  Croutons  Baked Ranch Baby Carrots  Fresh Seasonal Fruit  Milk  (+ snacks) | 10  Sloppy Joe with Veggies (on wheat bun)  Fresh Veggies  Fresh Seasonal Fruit  Milk  (+ snacks) | 11  Southwest Sweet Potato & Black Bean Bake  Chips & Salsa  Corn & Peppers  Peaches  Milk  (+snacks) |
| 14  Macaroni & Cheese  Peas  Peaches  Milk  (+ snacks) | 15  Taco Salad on a Tortilla (with black beans & other veggies, meat, cheese & quinoa)  Corn & Rice  Mandarin Oranges  Milk  (+ snacks) | 16  Tuna & Spinach Wrap with Veggies  Carrots & Pickle Slices  Apple Slices  Milk  (+ snacks) | 17  Breakfast for Lunch:  Pancakes  Cereal  Orange Slices  Milk  (+ snacks) | 18  French Bread Pizza  Carrots  Banana  Milk  (+ snacks) |
| 21  Green Salad  Spinach/Garlic Bread  Carrot Sticks  Orange Slices  Milk  (+ snacks) | 22  Chef’s Choice  Vegetable  Fruit  Milk  (+ am & pm snacks) | 23  *School closed for*  *Christmas holiday* | 24  *School closed for*  *Christmas holiday* | 25  *School closed for*  *Christmas holiday* |
| 28  Breakfast for Lunch:  Scrambled Eggs with Spinach & Cheese  Cereal  Fresh Seasonal Fruit  Milk  (+ snacks) | 29  Chef’s Choice  Vegetable  Fruit  Milk  (+ am & pm snacks) | 30  *School closed for*  *New Year holiday* | 31  *School closed for*  *New Year holiday* | Jan 1  *School closed for*  *New Year holiday* |
| 4  Chicken Hot Dog (on wheat bun)  Fresh Vegetable  Fresh Seasonal Fruit  Milk  (+ snacks) | 5  Sunflower Butter & Jelly Sandwich (on wheat)  Fresh Vegetable  Fresh Seasonal Fruit  Milk  (+ snacks) | 6  Pasta with Tomato/Veggie Sauce  Spinach/Garlic Bread  Peas  Apple Slices  Milk  (+ snacks) | 7  Bean Salad  Croutons  Carrots & Cherry Tomatoes  Orange Slices  Milk  (+ snacks) | 8  Breakfast for Lunch:  Oatmeal Bake with Bananas & Peaches  Cereal  Fresh Seasonal Fruit  Milk  (+ snacks) |



#### Johnson County Montessori Preschool

**December Menu**

December 2015