|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| 2 Chili with BeansCrackersGreen Beans & PotatoesPeachesMilk(+ snacks) | 3 Baked PotatoesSteamed BroccoliApple SlicesMilk(+ snacks) | 4 Potato, Sausage & Kale SoupSpinach/Garlic BreadPeasPeachesMilk(+ snacks) | 5 Chef’s Salad (with turkey, egg, beans & cheese)CroutonsCinnamon ApplesMilk(+ snacks) | 6 Toasted Turkey, Spinach & Cheese Sandwich (on wheat)Fresh VeggiesFresh Seasonal FruitMilk(+ snacks) |
| 9 Pasta with Tomato/Veggie SauceSpinach/Garlic BreadPeasApple SauceMilk(+ snacks) | 10 Bean SaladCroutonsCarrot SticksFruit SaladMilk(+ snacks) | 11 Purple Bean SoupSpinach/Garlic BreadCornPearsMilk(+ snacks) | 12 Black Bean Tacos (with veggies, quinoa & cheese)Fresh VeggiesFresh Melon & PineappleMilk(+ snacks) | 13 Breakfast for Lunch:Baked Oatmeal with Bananas & BlueberriesChex CerealOrange SlicesMilk(+ snacks) |
| 16 Roasted Vegetables & Turkey SausageCornPeachesMilk(+ snacks) | 17 Cheesy Pasta with ChickenGreen BeansPearsMilk(+ snacks) | 18 Bean, Rice, Zucchini & Cheese CasseroleCorn & PeasFresh MelonMilk(+ snacks) | 19 Broccoli, Cheese & Rice SoupCrackersPeasMandarin OrangesMilk(+ snacks) | 20 Spinach Salad with CouscousSpinach/Garlic BreadApple SlicesMilk(+ snacks) |
| 23 Breakfast for Lunch:Scrambled Eggs with Spinach & CheeseCerealFresh Seasonal FruitMilk(+ snacks) | 24 Chickpea, Tomato & Turkey Pepperoni SaladSpinach/Garlic BreadPeasBananasMilk(+ snacks) | 25 Chef’s ChoiceVegetableFruitMilk(+ am & pm snacks)*School closes early today* | 26 *School closed for**Thanksgiving holiday* | 27*School closed for**Thanksgiving holiday* |
| 30 Chef’s Salad (with turkey, egg, beans & cheese)CroutonsPearsMilk(+ snacks) | Dec 1 Veggie, Turkey & Cream Cheese RollupsBroccoli & CarrotsOrangesMilk(+ snacks) | 2 Mini Chicken Pot PiesMashed Potatoes & CauliflowerGreen BeansFruit SaladMilk(+ snacks) | 3 Pasta Salad (with veggies, turkey pepperoni & Greek yogurt dressing)Spinach/Garlic BreadBaked Potato WedgesPeachesMilk(+ snacks) | 4 Deli Plate (lunch meat, cheese & crackers)Fresh VeggiesFresh Seasonal FruitMilk(+ snacks) |



#### Johnson County Montessori Preschool

**November Menu**

November 2015

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
|  | Dec 1 Veggie, Turkey & Cream Cheese RollupsBroccoli & CarrotsOrangesMilk(+ snacks) | 2 Mini Chicken Pot PiesMashed Potatoes & CauliflowerGreen BeansFruit SaladMilk(+ snacks) | 3 Pasta Salad (with veggies, turkey pepperoni & Greek yogurt dressing)Spinach/Garlic BreadBaked Potato WedgesPeachesMilk(+ snacks) | 4 Deli Plate (lunch meat, cheese & crackers)Fresh VeggiesFresh Seasonal FruitMilk(+ snacks) |
| 7 Chicken & Noodle Casserole with VeggiesGreen BeansPineappleMilk(+ snacks) | 8 Bean, Spinach & Cheese Quesadillas (with wheat tortilla)SalsaCarrots & PeppersApples & OrangesMilk(+ snacks) | 9Chef’s Salad (with turkey, egg, beans & cheese)CroutonsBaked Ranch Baby CarrotsFresh Seasonal FruitMilk(+ snacks) | 10 Sloppy Joe with Veggies (on wheat bun)Fresh VeggiesFresh Seasonal FruitMilk(+ snacks) | 11 Southwest Sweet Potato & Black Bean BakeChips & SalsaCorn & PeppersPeachesMilk(+snacks) |
| 14 Macaroni & CheesePeasPeachesMilk(+ snacks) | 15 Taco Salad on a Tortilla (with black beans & other veggies, meat, cheese & quinoa)Corn & RiceMandarin OrangesMilk(+ snacks) | 16 Tuna & Spinach Wrap with VeggiesCarrots & Pickle SlicesApple SlicesMilk(+ snacks) | 17 Breakfast for Lunch:PancakesCerealOrange SlicesMilk(+ snacks) | 18 French Bread PizzaCarrotsBananaMilk(+ snacks) |
| 21 Green SaladSpinach/Garlic BreadCarrot SticksOrange SlicesMilk(+ snacks) | 22 Chef’s ChoiceVegetableFruitMilk(+ am & pm snacks) | 23 *School closed for* *Christmas holiday* | 24 *School closed for**Christmas holiday* | 25*School closed for**Christmas holiday* |
| 28 Breakfast for Lunch:Scrambled Eggs with Spinach & CheeseCerealFresh Seasonal FruitMilk(+ snacks) | 29 Chef’s ChoiceVegetableFruitMilk(+ am & pm snacks) | 30 *School closed for* *New Year holiday* | 31 *School closed for* *New Year holiday*  | Jan 1 *School closed for* *New Year holiday* |
| 4 Chicken Hot Dog (on wheat bun)Fresh VegetableFresh Seasonal FruitMilk(+ snacks) | 5 Sunflower Butter & Jelly Sandwich (on wheat)Fresh VegetableFresh Seasonal FruitMilk(+ snacks) | 6 Pasta with Tomato/Veggie SauceSpinach/Garlic BreadPeasApple SlicesMilk(+ snacks) | 7 Bean SaladCroutonsCarrots & Cherry TomatoesOrange SlicesMilk(+ snacks) | 8 Breakfast for Lunch:Oatmeal Bake with Bananas & PeachesCerealFresh Seasonal FruitMilk(+ snacks) |



#### Johnson County Montessori Preschool

**December Menu**

December 2015